



Derby City Council

*one Derby one council*

Our ref     Parent Workshop  
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Date         13.2.18

## Healthy Lifestyle Workshop

**Osmaston Primary School is currently taking part in the Rammie`s Healthy Hero programme, which aims to increase physical activity throughout the school day.**

**There will be a workshop taking place at school on Tuesday 13<sup>th</sup> and Wednesday 14<sup>th</sup> March at 2-3pm. This will be a fun and interactive session, based around healthy eating and increasing physical activity outside of the school day in a fun and easy way. There will also be an opportunity to sign up to our free physical activity and adult healthy lifestyle programmes through Derby County Community Trust on the day. Everybody who attends will be entered into a draw to win a £10 River Island voucher.**

**If you would like to attend the above session, please leave your details with Miss Sneap or complete a slip and leave it at the office – these are available from the reception area.**

Leisure and Cultural Development | Neighbourhoods | Council House, Corporation Street, Derby, DE1 2FS | [www.derby.gov.uk](http://www.derby.gov.uk)

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