



I know that all relationships are different.

PSHE

Getting on & Falling out

I can accept and appreciate friends.

I can say and do things to help make a difficult situation better.

I know what makes me feel angry and how to calm down.

I can use my problem solving skills to help resolve conflict.



Life is better with friends :)



Key Vocabulary

Friend - a person who you like and trust.

Appreciate - to understand the value or importance of something or someone.

Anger - a strong feeling of annoyance and displeasure.

Conflict - a serious disagreement or argument.

Resolve - to sort out and find a solution to a problem.

Calm - to feel peaceful, not showing strong emotions.