

<b>Key Words</b>
gesture
Transfer of weight
travel
action
relationship
formations
sustained
phrase
motif
<b>Communication</b>
Dynamics
Mirror
Patterns
Position
Pathway

**Action – what you do.**

- Travel
- Turn
- Gesture
- Elevation
- Stillness
- Use of different body parts
- Floorwork
- Transfer of weight

**Dance**



**Dynamics – how you dance**

- fast
- slow
- sudden
- sustained
- acceleration
- deceleration
- strong
- light
- direct
- flowing

**Space – where you dance**

- Pathways
- Levels
- Directions
- Special design
- Size of movement
- Patterns

**Relationship – who you dance with**

- Lead and follow
- Mirroring
- Action and reaction
- Accumulation
- Contact
- formations

**Motif**

**A dance motif is a single movement or short phrase of movement which expresses the style or the theme of the dance.**