



Osmaston Primary School

Sex and Relationships Policy

1 School Vision

At Osmaston Primary School pupils are supported and nurtured in order to develop their aspirations for their future as learners and as positive contributors to society. We expect every pupil to put learning first, work hard and be nice to themselves and others in order to achieve the highest academic standards. We offer a safe and enjoyable learning environment where excellence is promoted.

2 Rationale

Sex and relationship education (SRE) is lifelong learning about sex, sexuality, emotions, relationships and sexual health. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. It should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at the school. This policy is based on the guidelines set out in the Latest SRE guidance from the government.

3 Aims

SRE in our school aims to:

- Develop confidence in talking, listening and thinking about feelings and relationships.
- Ensure that pupils understand the role that the media plays in forming attitudes.
- Ensure that pupils can name parts of the body and describe how their bodies work.
- Ensure that pupils can recognise unsafe situations such as sexual abuse or health risks and are able to protect themselves and ask for help and support.
- Ensure that pupils are prepared for puberty and understand the physical development of their bodies as they grow into adults.

4 Provision of SRE

Pupils need to be given accurate information and helped to develop skills to enable them to understand difference and respect themselves and others. A planned, progressive programme of SRE gradually and appropriately beings to prepare our pupils for adult life. It teaches the skills they need to fully manage the natural physical and emotional changes that will happen to them as they grow and mature.

From entry into the school pupils will be taught about feelings and how to manage their emotions in different situations. For some pupils this will require more intensive one-to-one or small group work using appropriate methods to help develop their emotional maturity. Pupils will also be taught how to keep themselves safe in a variety of different situations. Reference will be made to 'The NSPCCs 'Underwear Rule' as an age-appropriate way of teaching children how to keep themselves safe from sexual abuse including FGM (www.nspcc.org.uk) The NSPCC provide supporting information for staff, pupils and parents on their website.

In Year 5 pupils will be taught specifically about the sexual parts of their bodies with a focus on health and hygiene. In Year 6 pupils will be taught about puberty and sexual relationships with a focus on how the media can distort perceptions of beauty and sexual relationships. A selection of books in the school library will support the SRE teaching in year 5 without specifically focusing on puberty or sexual relationships.

5 Working with Parents/Carers and the Wider Community

The school recognises that the primary role in children's sex education lies with the parents/carers. The school is committed to working with parents/carers and will inform them by letter and other media when pupils in Y5 and Y6 will be undertaking a programme of study directly related to sexual health and relationships. Parents have the right to withdraw their children from all or part of the SRE (except that which is delivered as part of the science curriculum) but are asked to contact the class teacher in the first instance to discuss any concerns.

Elements of sex and relationship education may also be provided by a range of people within the wider community, including health professionals, social workers, youth workers and other visitors. If people other than school staff support SRE provision then parents will be informed in advance. Any person coming into the school for this purpose will be informed of the SRE policy and must agree to abide by it.

6 Confidentiality and Child Protection

SRE will take place in a secure and supportive environment. However, the pupils will be made aware that staff cannot offer unconditional confidentiality. All staff involved in delivering and supporting SRE will be alert to the signs of abuse, neglect and exploitation. Effective SRE may bring about disclosures of child protection issues and these will be dealt with appropriately in accordance with school policy.

This policy has been prepared to ensure that it is consistent with the key SRE guidance items as stated in the Sex and Relationship in Schools briefing 8th November 2017. This document can be downloaded using the following link: <http://researchbriefings.parliament.uk/ResearchBriefing/Summary/SN06103#fullreport>