

YOUR menu

Summer Term 2016
Week 1 commencing
18th July 2016

they're here...



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Option 1 – Salmon & Tomato Bake</p> <p>Option 2 – Macaroni Cheese with a Crispy Top</p> <p>Boiled Potatoes Broccoli Garden peas</p> <p>Option 3 – Wrap Bar with Pulled Pork or Creamy Mushroom Wraps</p> <p>Option 4 – Salad & Sandwich bar</p> <p>Jam Sponge & Custard Fresh fruit Yoghurts</p> <p>Allergy Info – these meals contain G, E, F & Mi</p>	<p>Option 1 - Chinese Beef Curry</p> <p>Option 2 - Ratatouille</p> <p>Fluffy Steamed Rice Sweetcorn Green Beans</p> <p>Option 3 - Pasta Bar with choice of Tomato Herby Chicken or Spicy Vegetable Sauce</p> <p>Option 4 – Salad & Sandwich Bar</p> <p>Homemade Cornflake Cake Fresh Fruit Yoghurts</p> <p>Allergy Info – these meals contain G,E,Mi</p>	<p>Option 1 - Roast Chicken & Sage & Onion Stuffing</p> <p>Option 2 - Homemade Cheese Hot Pot</p> <p>Roast/Boiled potatoes Diced Carrots Brussel Sprouts</p> <p>Option 3 - Jacket Potato Bar with Bangers & Beans</p> <p>Option 4 - Salad & Sandwich Bar</p> <p>Cheese & Biscuits Fresh Fruit Yoghurts</p> <p>Allergy Info – these meals contain G, Mi</p>	<p>Option 1 - Savoury Minced Lamb & Dumplings</p> <p>Option 2 - Tomato & Basil Tarts</p> <p>Creamy Mashed Potato Savoy cabbage Cauliflower</p> <p>Option 3 - Noodle Bar with Italian meatballs or BBQ Sausage</p> <p>Option 4 - Salad & Sandwich Bar</p> <p>Rice Pudding Fresh Fruit Yoghurt</p> <p>Allergy Info – these meals contain G, E, Mi & F</p>	<p>Option 1 – Battered Fish</p> <p>Option 2 – Tomato Pasta Bake</p> <p>Crispy Chips Garden or Mushy peas</p> <p>Option 3 – Vegetable Soup & choice of Tuna, Meat or Cheese Sandwich</p> <p>Option 4 – Salad & Sandwich Bar with Chips</p> <p>Vanilla Ice Cream Fresh fruit Yoghurts</p> <p>Allergy Info – these meals contain G, E, Mi & F</p>

**FRESH BREAD SELECTION, FRUIT and SALAD BAR DAILY,
 CHOICE OF SANDWICHES CHANGE DAILY – MEAT, CHEESE, TUNA, EGG, CHICKEN TIKKA, OR PASTRAMI**

Fruit, Milk, Juice and Water are provided daily as well as Custard & Gravy where appropriate

